

28/5/2024 (E)

Exam Code: 1182
Sub. Code: 8587

2054

P.G. Diploma in Guidance and Counselling
Second Semester

PGDGC-04: Counselling Children and Adolescents with Different Abilities

Time allowed: 3 Hours

Max. Marks: 75

NOTE: Attempt five questions in all, including Question No. IX (Unit – V) which is compulsory and selecting one question each from Unit I - IV.

x-x-x

UNIT - I

- I. Explain the concept of different abilities. Present the classifications of different abilities. (3,12)
- II. Discuss the needs of children with different abilities and the importance of counselling them. (7½, 7½)

UNIT - II

- III. Explain the concept and procedure of Case Study. (3,12)
- IV. Illustrate the strategies/procedures to identify the personal, social and academic problems of children. (15)

UNIT - III

- V. Discuss the intervention programmes in group counselling setting for the emotional and social problems of children. (15)
- VI. Discuss the individual and group counselling interventions for the academic and vocational problems of adolescents. (15)

UNIT - IV

- VII. Explain the concept, need and process of family therapy. (3,5,7)
- VIII. Describe the strategies to reduce stress among adolescents. (15)

UNIT - V

- IX. Write short notes on following:
 - (a) Importance of counselling peers
 - (b) Types of stress
 - (c) Causes of stress
 - (d) Merits and demerits of group counselling
 - (e) Crisis counselling

(5x3)